



# BE UNSTOPPABLE

COACHING



## Write Your Own Eulogy

Tool and Worksheet



You are 85 years old ... Start with describing your successful life.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

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## Write Your Own Eulogy ... Reflection and Action Goals

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As a result of completing this exercise, reflect on the insights you have gained about yourself and how you want to be remembered after you pass away. What clarity do you now have regarding what you want to achieve while you are alive?

Everyone wants to be remembered for something special, knowing that as a result of their life, a positive difference was made in the lives of others. What will you be remembered for?

What action goals are you going set to achieve in your life now? Take into consideration what you have reflected on and write your goals below, including action steps to begin immediately.

### GOALS

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### ACTION STEPS

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